

To help all children stay safe, comfortable and enjoy their sessions, please ensure they arrive wearing suitable clothing and bring the items listed below.

General Guidance

Most sessions are active and may take place outdoors. Please dress for the weather and season.

- We recommend:

- Comfortable sports clothing
- Suitable trainers or sports footwear
- A waterproof rain jacket throughout the year
- Clearly labelled personal belongings

**** Please avoid bringing valuables wherever possible****

After School Clubs

Please bring/wear:

- Suitable sports clothing
- Trainers

- If a Football Club

- Football boots
- Shin pads

During warm weather 🥵

- Sun hat
- Sun cream applied before the session
- Extra drink

In wet weather 🌧️

- Rain coat or waterproof jacket

Home-Education Multi-Sports

Please bring/wear:

- Shorts or tracksuit bottoms
- T-shirt
- Trainers

Sessions are usually indoors. If a session is due to take place outdoors, advance notice will be given.

All equipment is provided.

Children may bring their own equipment if they wish, but this is done at their own risk.

Multi-Sport Camps

Please bring/wear:

- Suitable football clothing (shirt, shorts, football socks)
- Training top or jumper for cooler weather

Also bring:

- Labelled packed lunch (no nut products)
- Labelled drinks bottle

During warm weather 🥵

- Sun hat
- Sun cream applied before arrival
- Extra drink

In wet weather 🌧️

- Rain coat or waterproof jacket

Football Camps

Please bring/wear:

- Suitable football clothing (shirt, shorts, football socks)
- Training top or jumper for cooler weather
- Shin pads
- Football boots suitable for 3G surfaces

Also bring:

- Labelled packed lunch (no nut products)
- Labelled drinks bottle

During warm weather 🥵

- Sun hat
- Sun cream applied before arrival
- Extra drink

In wet weather 🌧️

- Rain coat or waterproof jacket

Cricket Camps (Hard-Ball)

Mandatory Equipment

- Correctly fitted cricket helmet
- Box
- Bat
- Pads
- Gloves

A neck guard is strongly recommended.

Also Bring

- Labelled packed lunch (no nut products)
- Labelled drinks bottle

During warm weather 🥵

- Sun hat
- Sun cream applied before arrival
- Extra drink

Important Notes

All clothing, lunch boxes and drinks bottles should be clearly labelled.

Please ensure children arrive ready to take part in physical activity.

For safety reasons, jewellery should be removed where possible.

In hot weather, children should have sun cream applied before attending.

Thank you for helping us keep all participants safe, comfortable and ready for a fun and active session! 🌟